

Aeris



Why we get up in the morning.

It was about time to reinvent the way we work and live. So that's just what we did.

The issue: We sit too much and don't move enough. This is detrimental to our health. The lack of activity robs us of our concentration, energy and creativity, even after a short amount of time.

The solution: Aeris is driven by the goal of keeping our bodies in constant movement. Our products and concepts contribute to an active and healthy lifestyle. They enable movement in precisely the areas where it's least expected, but where it's needed the most – when sitting.

We are your secret ingredient for a more active, healthier and subsequently happier life.

Aeris - Never just sit.

Never just sit.



Why extra movement is key.

We all know that it is essential to lead an active and conscientious lifestyle. Healthy diet and mindfulness make it easier to navigate all of the big and small challenges that life throws at us on a daily basis.

Riding a bike, jogging or regularly going to the gym are all important and the right steps to take. However, they are merely a drop in the ocean if you take into consideration the fact that we spend most of our days in relative immobility, moving from one form of sitting to another. And who doesn't crave for a cup of coffee in the afternoon. Or perhaps a piece of chocolate. Often both. "

We don't have anything against coffee or chocolate, in fact we love both. But we are against motionless sitting, which makes you tired and sick. This is why we have created products to enable you to remain active whilst seated – no effort required. Promise.

Want to know how that feels? Just give it a try. Ideally whilst you still have the energy to get out of your old chair.



Movement throughout the day with no effort involved.

Aeris is driven by developing products and concepts to keep our bodies moving throughout the day.

Sounds like a workout or another strenuous training method?

Not at all! In fact, the opposite is true. Your body makes all of the movements, which provide an array of positive health benefits by itself, without the need for any additional movement. There's no need to keep a treadmill under your desk or have a mini coach shouting in your ear. You can just get on with your work as usual.

Our movement technologies don't just cause an increase in movement; they also put a stop to a working world where everyone unnaturally sits at their desk without moving all day.



What we mean by true 3D technology.

For us, 3D technology doesn't have anything to do with a cinema screen, funny glasses or popcorn. When we mention 3D technology, we are referring to movement in all three dimensions: forwards and backwards, to the left and right and – uniquely with Aeris – movement in the third dimension, namely up and down. This third dimension is particularly important as it enables deeper breathing, stimulates the metabolism, promotes muscle development and keeps the intervertebral disks nourished.

We owe our undisputed leading position in the active chair sector to this 3D technology developed by Aeris 25 years ago for the Aeris Swopper. Practically everybody can benefit from its positive effects.

For example, when you breathe in and out, your kidney moves up to 10cm. This movement is essential to ensure good functioning. When you sit still, your body doesn't permit the kidney to move as required. The kidney therefore doesn't perform adequately, which naturally has repercussions for your entire body.



Sitting in all three dimensions.

Dimension 1: Up and down

It's not just the internal organs that oscillate in a natural rhythm; movement and relief also enable the intervertebral discs to stay fit and healthy. Just like a sponge, the intervertebral discs absorb and squeeze out fluids during movement. This ensures the intervertebral discs are optimally supplied with the required nutrients to help prevent and alleviate back pain.

Dimension 2: To the left and right

Move freely from your hips by leaning to the side. This enables you to reach far and ensures your back remains straight. Even when cheekily sneaking a biscuit from your colleague.

Dimension 3: Forwards and backwards

The forward tilt of the pelvis keeps the back straight. This enables deep breathing and improves your circulation. The joint located close to the floor enables your entire upper body to naturally lean forwards towards your desk.

In a nutshell: Actively sitting with Aeris 3D technology has a similar effect on our bodies as a relaxed walk. It constantly trains muscles effectively of their own accord, without us actively having to do anything.

This gives sitters a new lease of life, with less tiredness, more energy and an improved quality of life.



How we work.

When we say that we want to enable our customers to live happier and healthier lives, this includes the place where we live our lives: Our planet.

We might not be 100 % perfect yet, but we're constantly working on increasing our sustainability. We use these three principles to help us with this:

“Handmade in Germany” durability

We are firmly opposed to fast-furniture and throwaway society. All of our products are handmade in Germany to ensure the durability of our products. The high quality and long service life of our products can be confirmed by our customers who have sat and worked on our Swoppers for over 20 years. In the case that something doesn't function as intended, we're also more than happy to repair our products and replace individual parts.

“120 %” climate-neutral Aeris power

When we equipped all of our production facilities with solar cells at the turn of the millennium, lots of people called us crazy. Today, we supply solar energy not just to ourselves, but also to other households. We have also started to convert our vehicle fleet to electric vehicles.

Recyclable materials

We almost exclusively use completely recyclable materials which have been awarded with ecological and health safety certificates. We constantly scrutinise typical logistics challenges such as packaging, shipping and recycling and adjust our systems accordingly. In the name of our environment and planet.