



It was about time to reinvent the way we work and live. So that's just what we did.

The issue: We sit too much and don't move enough. This is detrimental to our health. The lack of activity robs us of our concentration, energy and creativity, even after a short amount of time.

The solution: Aeris is driven by the goal of keeping our bodies in constant movement. Our products and concepts contribute to an active and healthy lifestyle. They enable movement in precisely the areas where it's least expected, but where it's needed the most – when sitting.

We are your secret ingredient for a more active, healthier and subsequently happier life.





Aeris is driven by developing products and concepts to keep our bodies moving throughout the day.

Sounds like a workout or another strenuous training method?

Not at all! In fact, the opposite is true. Your body makes all of the movements, which provide an array of positive health benefits by itself, without the need for any additional movement. There's no need to keep a treadmill under your desk or have a mini coach shouting in your ear. You can just get on with your work as usual.

Our movement technologies don't just cause an increase in movement; they also put a stop to a working world where everyone unnaturally sits at their desk without moving all day.



For us, 3D technology doesn't have anything to do with a cinema screen, funny glasses or popcorn. When we mention 3D technology, we are referring to movement in all three dimensions: forwards and backwards, to the left and right and - uniquely with Aeris - movement in the third dimension, namely up and down. This third dimension is particularly important as it enables deeper breathing, stimulates the metabolism, promotes muscle development and keeps the intervertebral disks nourished.

We owe our undisputed leading position in the active chair sector to this 3D technology developed by Aeris 25 years ago for the Aeris Swopper. Practically everybody can benefit from its positive effects.

For example, when you breathe in and out, your kidney moves up to 10cm. This movement is essential to ensure good functioning. When you sit still, your body doesn't permit the kidney to move as required. The kidney therefore doesn't perform adequately, which naturally has repercussions for your entire body.

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# Never just sit.





Aeris Swoppster



Aeris Muvman



Aeris Numo



Aeris Muvmat



Aeris 3Dee



Aeris Oyo



Aeris Active Office



Aeris Swopper